Cel ebrating HispaniC Heritage

Right: Performers dance a Colombian Folk dance called *Cumbia* during the Hispanic Heritage luncheon at the dining facility Thursday. The rhythm structure of the dance is based on a four-count step. *Cumbia* is the net intersection of three cultures that settled in Colombia at different times: the indigenous peoples, Spanish/Moorish, and African slaves. It has now spread and is known in the Latin music scene.

Below: Performers dance the *Tamborito*, one of the five different dances performed during the event.

On Friday from 8 p.m.-2 a.m. Club Veneto will host a Salsa Night. A dance group will perform at the club. There will also be Hispanic food dishes to sample. (Photos by Laura Kreider, Outlook staff)





"Battle Hard" more than a motto for paratroopers

Story and photo
By Spc. Jon H. Arguello
Task Force Bayonet Public Affairs

QALAT, Afghanistan – In true paratrooper fashion, Battle Company 2d Battalion 503d Infantry (Airborne), 173d Airborne Brigade, has been removing any doubt that Coalition forces are in charge in southern Afghanistan.

The airborne Soldiers have spent their deployment climbing the rough mountains and fighting the elements as they chase down insurgents the old-fashioned way. For all their sacrifices, as they earn medals and awards for bravery and valor, it's the bonds they create that they appreciate the most.

With minimal rest and most of their time spent in safe houses and fire bases far from the daily comforts of even their battalion's forward operating base, Battle's paratroopers have indeed "Battled Hard" through the first half of their deployment and have become 'go to' players in the War on Terror.

B Company's Soldiers have trekked all over the rough, unforgiving mountainous terrain that makes up their area of operation in an unrelenting effort to remove any influence Taliban insurgents may have in southern Afghanistan.

Most recently, Battle Company and an element of the Afghan National Army, scored another battlefield victory in the Khak Afghan

district in a week that left a dozen insurgents dead and several under Coalition custody.

Battle's Soldiers have been asked to make some incredibly difficult marches – even when measured against paratrooper standards – sometimes in pursuit of the enemy and sometimes under fire, and they have done it with a seriousness that only a troop who understands the importance of their mission can. But the Soldiers aren't just battling hard for the future of Afghanistan, they do it for each other.

"I enjoy my job," said Staff Sgt. Shayne Charlesworth. "I enjoy training Soldiers. I enjoy having the opportunity to contribute to winning the War on Terror. But mostly, I enjoy the camaraderie."

The camaraderie, it seems, may be one of the largest factors making the United States' paratroopers so effective in combat and relentless in their quest for victory.

"It's not just about winning the battle," said Charlesworth. "Winning on the battlefield is the byproduct of taking care of each other, and fulfilling your responsibilities to each other without question or hesitation. If you do what you are supposed to do, when you're supposed to do it, you come out ahead. And the reason you do it is because you know your buddy's life depends on it."

That knowledge is may be the most universal experience all deployed Soldiers carry – especially these paratroopers.

The bond that these paratroopers have is one that is nearly impossible to break. They have literally passed the tests of war together. They have seen some of their fellow Soldiers fall on the battlefield. It is not just being away from family, the absence of conveniences and the dangerous environment that make deployments hard, it's the experiences, the pain and the costs of developing these bonds.

"It's one of the coolest jobs you can have," said Sgt. Tyler Chilton. "It can be hard sometimes. It can be frustrating sometimes.

But you're out there with your best buddies and you have to stick together to make it through. When the mission's over, it feels pretty good."

Although Battle Company has had more than its share of tough experiences, it's paratroopers carry on the tradition of the airborne – their courage, determination and toughness.

"It's a tough job," said Chilton with a smile as he delivered his cliché. "But somebody has to do it."



It's just another day for the Soldiers of Battle Company, 2- 503d Inf Abn, 173d Airborne Brigade, as they make their way across the rough terrain of Afghanistan.

Community safety, force protection

From the office of the Provost Marshal Special to The Outlook

Speeding violations in the school zone and in Villaggio continue to be an issue in our community. The Military Police will continue to enforce traffic regulations and write citations for those that continue to disobey the law.

Hit and Run accidents have been on the rise here on Caserma Ederle.

Unfortunately, people realize they have struck another vehicle or an obstacle and do nothing about it.

People that are identified doing this will be charged with the damage and also fleeing the scene of an accident.

Reported incidents during September:

Traffic Accidents = 9

(injuries involved= 2)

Drunk Driving = 0 (involving accidents=0)
Drunk & Disorderly Conduct = 0
Assaults = 0

Domestic Disturbances = 0

Lost ID Cards = 12 (Repeat Offenders= 1)

1408s issued during September:

69 - Speeding

27 - Parking

9 - Miscellaneous Moving Violations

30 - Stop Sign

7 - Seatbelt

2 - Cell Phone

1 - Other Miscellaneous

Emergency response notification procedures

From the Safety Office

Special to The Outlook

The following are the standard procedures for emergency notification and request for emergency services for people who have been seriously injured, are experiencing a serious illness, or need any other type of emergency services.

These procedures apply to both on post, Villaggio and off post housing and are in place to ensure that all appropriate agencies are notified that an emergency exists and that emergency services are not delayed in providing required care or assistance.

To ensure that all telephone-equipped facilities are capable of receiving the fasted emergency response without delay, the following procedures should be used when reporting an emergency:

From on-post government telephones with a DSN prefix of 634 – dial 114.

From an off-post or commercial or cellular phone, dial 0444-71-7114.

These are direct lines to the Military Police

Calling direct to the off-post emergency telephone number, 118 for an ambulance, without notifying the MP desk, will prevent immediate access to the post for emergency response vehicles. When the MPs are contacted, they have an escort waiting at the gates to assist the ambulance.

Also, the Italian ambulance responders do not speak English. The MP desk is manned 24 hours-a-day with both English and Italian speaking personnel who are trained in dealing with emergencies and requesting assistance from the Italian agencies.

If you live off-post in government leased or private rental housing, you too should call the MP desk in the case of an emergency unless you are fluent in Italian. If you are fluent in Italian, you may use the Italian emergency number for this region – 118. Make sure that you have the correct address of where you are to notify the emergency responders of your location.

How we grow

The 22nd Area Support Group Chaplain's Family Life Office, in partnership with deployed SETAF and 173d Airborne Brigade chaplains, is writing a series of devotional articles based on the best-selling book, "The Purpose-Driven Life," by Rick Warren.

The intent of these articles is to offer deployed Soldiers and their family members a devotional meditation, which they can use for weekly discussion and to hopefully deepen their spiritual connection during the separation.

By Chaplain (Capt.) Robert D. Crawford, Jr.

Headquarters Company 7th Army Reserve Command

While the New Year heralds the traditional time for resolutions, we find ourselves trying to change every day. We promise we'll drop a few pounds. We'll stop smoking. We'll cut down on our drinking. We won't let things bother us so much, and perhaps we'll even attend chapel services on Sunday. We promise ourselves to be better husbands or wives, better listeners, better parents - with time for our kids.

This desire to change is innately inscribed within us. Created in the image of God, we desire to be like God. We want to improve on that figure in the mirror. We want to be liked and respected. We want to do well, not only for ourselves, but for those around us. We are keenly aware of the gap between the way things are and the way things could be. We seek change.

Sometimes, by sheer force of will, we are able to control our diet or put a damper on the flow of angry words. We leave the smokes in the machine and pour a soft drink at the party. But we wonder: do we have the willpower to

make the changes last?

Rick Warren reminds us that our behaviors arise from our beliefs. Many of us started smoking or drinking because we believed it made us cool, and now we believe it makes us more relaxed. The string of profanities we utter makes us feel like real Soldiers even though we're really intimidated or feeling powerless. We don't take time with our children because we secretly believe we are inadequate to the task of parenting, or we simply don't believe that raising our own children is as important as the demands of career or our social life. Beliefs drive our behaviors.

Change comes not at the level of behavior, but at belief. Putting down the cigarettes won't last unless we realize we are cool and can relax without them. Our children won't get any more attention as long as, in our minds, we put our work before their welfare. Bad eating habits change only as we discover respect for ourselves and recognize that our bodies need the care that only we can give.

Beliefs change as we grow, as we mature in our understanding of life. Mature beliefs recognize that life is not ours alone; we were created to live in relationship with God and with those around us. We were put here to enrich the lives of those we love. Our thoughts move beyond ourselves as we realize that we were created to share and enjoy this life together. Mature beliefs focus on the positive, the good. They turn our attention to our strengths and competencies and away from our weaknesses and failures. Mature beliefs rejoice in small victories knowing they can lead to enormous change. They are, in the words of Scripture, "the transformation of your mind." (Romans

Community Action

Council

This forum is to discuss issues that affect the community.

If you have an issue that you wish to submit, visit the 22nd Area Support Group Web site at www.22asg.vicenza.army.mil and click on the Community Action Council link. This link provides you the opportunity to review issues that have been previously submitted and responded to by post agencies. There is also a form available for you to submit any new issue you would like addressed. If you have questions, call 634-5222 or 0444-71-5222 from off post.

The command encourages you to identify yourself when submitting a CAC issue in order to be able to answer your concern directly. The command also reminds the community that CAC issues submitted containing vulgar, derogatory or inflammatory language will not be addressed.

Childcare is offered during the CAC at \$4 per hour, per child, for children ages 6 weeks old through kindergarten from 8:45-11:15 a.m. Preregistration is required. Children will be cared for in the Child Development Center, building 395. Children must be registered with Child and Youth Services Central Registration. Call 634-7219 or stop by their location in the Davis Family Readiness Center.

The next Community Action Council meeting is Oct. 26 at 9 a.m. in the Ederle Theater.

Issue: I have never dealt with a bank that was this slow and unproductive. There are six teller windows available here. Usually, two of them are manned. One of them is an extremely slow employee.

There are usually two other employees in

the bank that do not work the windows, but sit at their desk doing various administrative work.

When the line is ten people deep, these two make no effort whatsoever to open up a window and assist in moving the line along.

Today I waited in line 30 minutes before being served. There were only two customers ahead of me! You do the math.

For those of us that squeeze in bank runs and other errands during breaks and lunches, this is really not acceptable. It has been this way for years, no relief in sight.

What can be done to improve this situation?

Response from 208th Finance Battalion: First and foremost, the Banca Nazionale del Lavoro would like to thank you for this opportunity to address your concerns and we apologize for any inconvenience experienced by the customers over these busy summer months.

BNL provides a valuable service to the Vicenza and Livorno communities through both individual and organizational banking.

While individual customers are serviced at the windows by the tellers, organizations are generally scheduled for appointments and serviced behind the customer service area due to the generally larger cash value of the transactions. Thus, these employees working behind the teller stations are performing a different yet equally important mission for the community.

Also, a strict separation of duties is required by this office which mirrors that of financial institutions throughout the world. This is a counter-measure to fraud and other improper uses of customer and bank funds. Despite the small nature of the Vicenza office, no separation of duties are compromised to increase efficiency.

This provides you, our valued customers, the protection and security you expect from your financial institution. However, it does sometimes mean that

However, it does sometimes mean that during the busy times of the day when we have many customers coming in for teller services, there can be lines and short waiting periods.

Again, BNL would like to apologize for any inconvenience this causes its customers.

Issue: I overheard some co-workers talking about registration of their children at the Child Development Center.

They were told that during their application process to list their income which included everything on their sponsor's Leave and Earnings Statement except for Cost of Living Allowance, including amounts that are tax-free.

Is this actually allowable?

What will happen when the Soldiers return, will the cost of childcare drop as well?

This is one of the many issues/complaints that I have heard about the CDC for quite some time, and I have yet to hear of any solutions being offered.

Response from the Directorate of Morale Welfare and Recreation:

Childcare fees have remained unchanged in the 22nd Area Support Group over the past three years.

During this period, Europe has been designated a "low cost area" for the purpose of setting childcare fees and determining Total Family Income.

On Sept. 1, DOD designated Europe as a

"high cost area" due to several factors including the fluctuating Euro rate.

In order to comply with the DOD directive, childcare fees were increased in all Child & Youth Services programs throughout the European region.

However, we offer the lowest allowable fees in each category for a "high cost area" and COLA is no longer used in determining TFI.

The registration process remains the same and requires a parent to visit our Central Registration office in order for our staff to accurately calculate TFI and determine the customer's fee category.

DOD clearly defines TFI as:

"All earned income including wages, salaries, tips, long-term disability benefits, special pay and voluntary salary deferrals... retirement or other pension income before deductions for taxes, social security, etc... include quarters subsistence and other allowances appropriate for the rank and status of military or civilian personnel whether received in cash or in kind... include anything else of value, even if not taxable, that was received for providing services."

Please note, however, that TFI does not include:

"COLA received in high cost areas, alimony and child support, temporary duty allowances or reimbursements for educational expenses."

Because Europe has been designated as a high cost area resulting in higher fees for the first time in three years, it is unlikely that the fees will be lowered in the near future.

However, great employment and educational opportunities are offered at the CDC and all CYS employees receive a discount of childcare.

THE Outlook

Community gathers to mourn friend, passionate historian

By Chiara Mattirolo

Camp Darby Public Affairs

The Camp Darby community gathered together Sept. 23 in the Darby Chapel to mourn the loss of George Watanabe.

Joji Watanabe was born in South Hilo, in the territory of Hawaii, on April 3, 1935. He was the fifth child born to Kazuto Watanabe, his father, and Kiyome Inomoto. His father was a cane planter on a sugar plantation.

In 1943 his name was changed to George Joji Watanabe. He graduated from the Hilo High School in 1953, and delivered bread for a pastry shop while in the U.S. Army Reserves until he entered the U.S. Army in 1955.

Watanabe started out his military career as a tank gunner stationed in California. He was also stationed in Arkansas, Korea in 1956–58, and then in Hawaii.

After tiring of artillery, he went to Fort Monmouth and trained as a microwave radio repairman.

He remained in this field throughout the remainder of his career, assigned to locations such as Taiwan in 1960-63 and 1965-66, Virginia, Arizona, Thailand in 1969-70, then to

He retired from the Army on Oct. 41, 1975. At that time he was assigned to the 327th Signal Company, under the 5th

Throughout his military career he earned the National Defense Service Medal, various Good Conduct Medals, Vietnam Service Medal, and the Republic of Vietnam Campaign Medal with 60 device.

After retirement Watanabe wanted to continue serving his country, so he became part of the conversion of the Area Maintenance and Supply Facility in Mannheim, West Germany. This position was being changed from an active duty military slot to a civilian contracted operation.

In 1983 he moved to Camp Darby to be part of AMSF's Forward Area Support Team. 1986 took him to Vicenza, still as part of the FAST team.

He married his fiancé of 15 years in October, 1986, at wonderful ceremony in a castle near Udine, Italy.

Watanabe's forte was logistics, so he provided all supplies and parts for the FAST teams in Livorno and Vicenza.

In 1993 the Coltano facility converted from active duty military to civilian, so Watanabe moved back to Livorno to continue in logistics for the facilities at Coltano and Vicenza until May 25, 2005, when he became too ill to work.

After more than 50 years of service to his country, it was finally his turn to rest.

Watanabe was a true Soldier. He loved being a Soldier and this passion lead him to the point of being considered a historian here in Camp Darby. He was knowledgable on many events related to the history of the U.S. Army, especially the WWII campaigns in Italy and the Nisei Soldiers of the 100th Infantry Battalion, 442nd Regimental Combat Team, who were Japanese-American.

Watanabe was always ready to share his extensive knowledge and passion in this area.

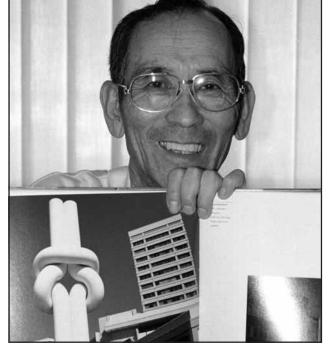
"When I first met George," said Capt. Charles Barna, Camp Darby chaplain, "after welcoming me on board, he started talking about the war, about the Japanese-American Army, and I have never seen such a passion, not even when my grandfather was telling me stories."

Emotions at the memorial service ran high, as his best friends and colleagues, Mark Watts and Jimmy Roddy, remembered their long-time friend.

"I met George 20 years ago," said Watts. "He was my sponsor, and since that moment, he has always been, for me and my wife, a true friend, and an example of joyful living. George always had a smile for everybody."

"We miss you George," said Roddy. "You took care of me, my wife, and my children.

"When George retired from the military he kept coming to the office every morning at 10 [a.m.] for a cup of tea and



George Watanabe displays a coffee table book of sculptor Shinkichi Tajiri, who designed and donated the Friendship Knot sculpture as a monument to Soldiers who served in the Italian Campaign. A memorial ceremony was held for Watanabe at the Camp Darby Chapel Sept. 23.

a few words. Every day, for a long time. You could set your

When I was assigned here at Camp Darby, I came here, in this church, that very first day. I turned and George was right there, believe it or not, and it was 10.

"One day we will meet again, George, when my time comes, and I know it will be 10 o'clock," said Roddy in tears.

George Joji Watanabe will be missed.

Shorter days, limited visibility

Remember safety issues when preparing for Columbus Day holiday weekend

Gen. B. B. Bell

Commanding General USAREUR and the 7th Army

Fall is a great time in Europe. USAREUR will recognize the Columbus Day Federal holiday with a 4-day weekend Oct. 7-10.

Many of our Soldiers are either deployed or are preparing to deploy during this period.

We wish them all continued Godspeed in their service to our

For those who will not be deployed, this period provides an opportunity for Soldiers, civilians, and their families to share some much-deserved time off for rest and relaxation, sightseeing, or simply spending time together.

Whatever your plans may be for the long holiday weekend, I ask that you keep safety at the forefront of your actions.

This is not the time to let down your guard.

The following areas require everyone's attention and are vital to your safety and our composite risk management process:

• Shorter Days. As fall begins, the hours of daylight are becoming

It is important to take this into consideration when planning trips and family outings.

Now is a good time to conduct a preventive-maintenance check on your privately owned vehicle.

Ensure that your vehicle lighting system is in good working order and keep a functional emergency flashlight readily available in the

Plan to travel during daylight hours to avoid the hazards associated with nighttime driving.

Stock up on necessary items for get-togethers or cookouts to avoid last-minute shopping trips after dark.

associated with limited visibility.

Dimly lit and winding secondary roads in Europe make it harder for drivers to see and react to pedestrians and bicycle riders in the

If you walk or ride your bicycle after dark, be sure to wear appropriate reflective clothing to alert others of your presence and increase the time for drivers to react.

Also be sure that your bicycle lights – both front and rear – are in good working order.

New laws are being implemented throughout Europe to make reflective clothing mandatory for certain activities.

Be smart and take steps now to keep you and your family members

• Harvest Season. Fall is one of the busiest times for farming communities throughout Europe.

You can expect a greater number • Limited Visibility. Along with of slow-moving farm vehicles shorter days are the risks operating on public highways at

this time.

Take this into consideration when planning driving times and above all – be patient.

Anticipate delays. Give farm vehicles the same courtesy you would expect if you were operating a slow-moving military vehicle on a public road.

Before attempting to pass any vehicle, ask yourself if it is really necessary. Do not put yourself, your loved ones, or others at risk.

• Local Fests. Participating in local festivals is a distinct part of the European experience.

Festivals offer a opportunity to learn about local customs, sample unique foods, and meet new friends.

If you decide to attend a fest and drink alcoholic beverages, you must do this in moderation. Also, you simply cannot operate a motor vehicle if you have been drinking-Don't do it!

Do not allow alcohol to affect Anywhere!

your judgment or behavior; never forget that you represent our nation and the Army in Europe.

Plan your trip, employ a designated driver, and make sure you have a safe way to get home.

Never risk your life or the lives of others by drinking and driving.

Soldiers, civilians, and family members are our Army's most valuable resource.

I want you to take personal responsibility for your actions over the holiday weekend.

I expect our first-line leaders to engage their Soldiers with "Under the Oak Tree Counseling" before they depart for the weekend.

Commanders must practice and enforce composite risk management within their organizations.

In being safe over the holiday weekend, everyone can return to work both mentally and physically prepared to continue to execute

Outlook

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Mom's Day Out

Support program for spouses of deployed Soldiers set to begin

Family Member Network

News Release

Family members of deploying or deployed servicemembers will be eligible to participate in the Family Member Network's Mom's Day Out program beginning in October.

The program provides free childcare from 9 a.m. - 3 p.m. for participating parents. FMN provides camaraderie, education, and support services for spouses.

FMN will meet together from 9:30-11 a.m. at the Ederle Post Chapel to share and learn. Topics to be explored include keeping yourself healthy and mentally fit, financial and time management, parenting as a single parent and strengthening your marriage during separation.

From 11 a.m.-3 p.m., parents will have personal time off.

Dads whose spouses are deployed are also invited to attend the FMN meetings as well as use the extended free childcare.

The Family Member Network is also open to spouses without children.

Free childcare is provided at the chapel by the Child Watch program and starts at 9 a.m. All children must be signed in by 9:30 a.m. in order to participate that day. Parents need to provide sack lunches for their children.

From 9-9:30 a.m., parents are invited to share in coffee and pastries.

This program will run for seven meetings.

Due to childcare staffing and program funding considerations, participants must register and commit to attending a minimum of six sessions.

Registration is required by Oct. 14. To register, phone 634-7604 or drop off your at registration at Davis Hall.

Topics for the meetings are as follows:

Oct. 21 - How to get what you need from the command and support organizations. Here we will talk about how to work with your Rear Detachment and Family Readiness Group as well as provide you with a list of local resources with tips on how to best use the services they provide.

We will also talk about who to call in cases of emergency and where to go for help

Oct. 28 - How to stay healthy and fit.

We will look at the importance of eating well, maintaining your weight and understanding women's health concerns.

Nov. 4 - How to get your children successfully through the deployment.

Register by Oct. 14 by calling 634-7604 or stop by Army Community Services in the Davis Family Readiness Center.

We will look at the typical reactions children have to deployment and discuss the signs that indicate a child may be struggling with a parent being away.

We will talk about how to support your child through these periods and give you strategies for keeping your children connected with the deployed parent. We will also discuss books that are available to help children and provide a list of local activities and places where you can take your children for fun and growth.

Nov. 18 – How to stay happy and limit your stress.

We will look at the indicators of stress and depression and discuss ways to creatively manage your stress. We will also talk about the dangers of drug and alcohol use during periods of stress in your life.

Dec. 2 – How to make your finances flourish.

Here we will learn how to read an LES, pay Italian bills, budget and save for retirement and/or college. We will learn about finances and cost cutting through fun games such as financial bingo and scavenger hunt. Plus, we will share information on the best places to shop in Italy.

Dec. 9 – Maintaining romance in your marriage while separated from your partner.

We will talk about ways of communicating with your spouse during deployment that will enhance your bond as well as reduce the stress and loneliness of being separated from each other. We will also talk about knowing what not to say to the deployed parent and shielding yourself from possible problems such as infidelity.

Dec. 16 – Indulge yourself with beauty and massage.

For our last group we'll talk about beauty tips. We'll also learn how to give and get hand massages.

This program is sponsored by the Post Chapel, Vicenza Health Clinic and Army Community Services Parent Support Program. For more information contact Richard Adams or Jo-Anne Hersh at 634-7604.

Fall cleanup scheduled

Tips for safety, proper disposal

Fall cleanup is scheduled for Oct. 11-14 for Caserma Ederle personnel. This is an essential activity that can create many hazards. Leaders should identify hazards and establish control measures to mitigate risks to prevent unnecessary accidents or injuries.

Here are some safety tips to keep in mind during Fall Cleanup:

Plan jobs well and allow enough time to do the jobs without cutting corners.

Get all the required tools and safety equipment before beginning cleanup activities.

Work details [cleanup crews] should not place themselves in unsafe situations. Individuals working where vehicle traffic is a hazard must use high-visibility reflective safety belts or vests. Make sure to wear the vests over other clothing so you are easily seen

Traffic cones and road guards should also be used when required by traffic conditions and positioned far enough away from work details to provide adequate warnings to motorist.

Use the right tools for the job and wear appropriate protective clothing and equipment, such as: eye and hearing protection, gloves, foot protection, and safety helmets if required.

Train cleanup personnel on the correct operation of tools and equipment and the hazards they can present. Some equipment may require licensing.

Stay alert, especially when you are teamed with another person on a machine. Communicate clearly.

Use the proper ladder for the job. Keep it in good repair. Place it on a firm, level, nonslippery surface. Keep your body within the side rails.

First-line leaders should maintain constant supervision of hazardous operations.

Information from the Caserma Ederle Environmental Office:

AIM will be emptying waste and recycling containers more frequently during this period.

The Eco-Center will be open from 8 a.m.-6 p.m. Monday-Friday and 9 a.m.-1 p.m. on Saturday for disposal of wastes and

recyclables. Please call 634-8403 for Eco-Center service information.

Hazardous Substance Management Program Center, Building 275, is open for disposal of hazardous wastes from 8 a.m.-5 p.m. Monday-Friday. From more information call 634-7563/8729.

Evaluate need for hazardous material lockers, turn in the ones that aren't needed, if you need them they must have a current inventory with MSDS and appropriate labeling.

• Limited pick-up services (transportation only) for those activities not having a suitable vehicle may be coordinated by calling 634-8937.

Remember to:

Recycle what is required in the proper containers.

Call the Environmental Office if you have questions about proper disposal at 634-8941. Clean out safety lockers.

Don't leave bags of trash or recyclables on the ground – find an appropriate bin to dispose them.

Don't create a safety or fire hazard.



Yard of the Month

The September Yard of the Month winner is Sgt. 1st Class Robert and Debbie Gargas. Gargas is with the 2nd Battalion, 503d Infantry (Airborne). The Gargas family received a gift coupon book from AAFES, a \$25 dollar gift certificate from the Commissary and a \$50 dollar savings bond from the Association of the U.S. Army. The Area of the Month winner is Headquarters Company, 22nd Area Support Group. (Photo provided by Headquarters Company, SETAF)

Oct. 4, 2005

Providing help in the hills

Paratroopers give medical aid to villages in rural Afghanistan

Story and photo By Sgt. James-Denton Wyllie 20th Public Affairs Detachment

TOMANY, Afghanistan – U.S. paratroopers scored another victory in the battle for the hearts and minds of the people of Afghanistan when they held a medical civil affairs project.

The MEDCAP was one of several the "Sharks" of Alpha Company, 1st Battalion, 508th Infantry (Airborne) have held since their arrival to Afghanistan from their home station of Vicenza.

At Tomany, the Soldiers set up shop in the one-room home of the village elder. Twenty-four villagers were in the makeshift waiting and treatment room during the course of the visit. Many of the patients complained of stomach pains and other gastric intestinal problems.

"The most common thing that we've seen is stomach ulcers, stomach cramps and digestion problems," said Spc. David Lambie, an Army medic with the Sharks. "It's mostly because of their diet and the amount of salt they consume."

To combat the effects of their eating habits, the paratroopers gave villagers a variety of medications and counseled them on proper dosages through an interpreter. Although the Soldiers brought a variety of supplies with them, they were unable to solve all of the medical problems of the villagers.

In one case, the paratroopers were asked to heal a girl whose toes had fused together after being burned. The Soldiers gave the villagers detailed instructions on how to obtain care from Coalition and other advanced care facilities.

"Sometimes there's nothing we can do from right here on the spot," said Lambie. "We let them know that they have to get a recommendation from a local doctor to seek higher care, and then bring that slip back to us so we can get them to Bagram."

Although women are usually absent during the Shark's MEDCAPs, on this visit, the Soldiers were asked to help two women of the village. Under the supervision of their male relative, the medics treated a woman with chest pains and a little girl with a club foot.

"Today was rare because we actually got



Spc. David Lambie, medic, Alpha Company, 1st Battalion, 508th Infantry (Airborne), checks an Afghan boy for strep throat. Lambie and other paratroopers from the Alpha Co visited the village of Tomany as part of a medical civil affairs project. Tomany is just one of the many Afghan villages the Soldiers have visited to provide some basic medical care.

to treat some of the women face-to-face," said Spc. Seth Armstrong, Co A, 1-508th Inf (Abn). "Mostly, we see little boys or adult men who speak for their whole families. It must have been a long time since the people here have had any sort of professional care."

After an hour, the paratroopers packed up their supplies and prepared to head out to the next village on their list. However, their hour of help left behind immeasurable feelings of goodwill and thanks with the villagers.

"I'm happy that they came to help us and our families," said village elder Mabikhan. "We needed the help."

The DISPATCH

Who Am I?

I am a part of NATO, watchdog of Western European freedom

••• a part of America's first overseas missile command, and proud to defend NATO's extensive southern flank

••• a part of the Italian community, ready to help my neighbors and appreciative of the customs of a warm people

••• a part of an American ambassador team, willing to exchange ideas and broaden an outlook on a complex world



The Dispatch was the original post newspaper for SETAF. This is the cover from a special edition for Fall-Winter 1966.

SETAF to celebrate 50 year anniversary

SETAF will be celebrating its 50th anniversary this year. Festivities beginning Oct. 23 on Hoekstra Field at Caserma Ederle. There will be food, music and plenty to keep the children busy. There will also be a display celebrating the accomplishments of SETAF through the past 50 years. Walk back in time and see vehicles and uniforms of the Army

past. The fest will run from 1-7 p.m., and it is free and open to all members of the community: Italians, civilians, military personnel and their families.

On Oct. 25 at 11 a.m. there will be an official ceremony and at 2 p.m. there will be a performance by the CINCSOUTH NATO Band. Both will take place on Hoekstra Field.

Run - Bike - Run

Outdoor Recreation is hosting a duathlon Oct. 15. The duathlon consists of a 5k run, a



15k bike, then another 5k run. Registration is \$20, \$35 per team, and includes a T-shirt. Sign-up deadline is Oct. 12 at Outdoor Rec. Categories include both men and women: open - ages 18-29; senior - ages 30-49; master - ages 49 and older; and teams, same sex or mixed with no age restrictions. No registration will be held the day of the event. Call 634-7343 for details or stop by Outdoor Rec.



LION SHAKE 06

is an exercise for the Vicenza military community to practice emergency response procedures in the event of a serious incident on this installation.

Please...

Support your community's emergency preparedness efforts

WHEN: Nov 8

More information will be published in future Outlooks leading up to the event.

Out & About



By Dorothy Spagnuolo

Sunday markets

Find the following markets open Sunday:

<u>Vicenza</u>: The monthly antique/ flea market is open from 8 a.m.-6 p.m. throughout all the main squares of downtown.

Also, Friday and Saturday in *Piazza dei Signori* find stalls selling old and rare books, lithographs and paintings.

<u>Camisano</u>: With over 200 stalls, this weekly market is open from 8 a.m.-1 p.m.

The *castagne*, or the larger ones called *marrone*, chestnuts, season is upon us. It's a chance to eat some roasted chestnuts from a street-side vendor or visit a pastry store for a pastry made with this seasonal nut.

In the main square of the historical center of <u>Villafranca</u>, province of Verona, this antique market has 90 stalls open 8 a.m.-6 p.m.

The town of <u>Piove di Sacco</u>, in the province of Padova, holds its flea market from sunup to sundow. In the center of the town you'll find more than 100 stalls set up.

<u>Venice</u>: This weekend the Market of the Miracoli is Venice's only example of an antiques and second-hand market entirely organized by non-professionals.

Offering books, comics, prints and other object for collectors, it is held in the *campi* and *campielli*, close to one of the city's most astonishing churches, the Church of the Miracles.

Vicenza exhibitions

'Vicenza Numismatica,' an exhibition of coins, medals and paper money is provided to meet the needs of scholars, dealers and collectors who love to reconstruct history through coins and medals.

Held at the Vicenza exhibition grounds Friday through Sunday, it's open Friday-Saturday from 9:30 a.m.-6:30 p.m., Sunday 9:30 a.m.-4:30 p.m.

Entrance is free. The grounds are located near the Vicenza ovest (west) autostrada exit.

The *Church of SS Ambrogio e Bellino*, located on Contra' Porta Nuova, has works of art on display by Italian artists Giusto Pilan and Christian Gosselin.

Open Tuesday through Sunday

from 3-7 p.m. until Oct. 23. Entrance is free.

Sample some Grappa

The following Grappa distilleries are open for sampling Sunday from 10 a.m.-6 p.m.

Ponte di Barbarano - Distilleria dal Toso Rino & Figlio;

Montegalda – Distilleria F.lli Brunello;

Villaga – Distilleria Li.Di.A; Costabissara – Distilleria Schiavo:

Schiavon – The Poli Distillerie. This distillery also has a grappa museum in Bassano.

Pumpkin Fest

A Festa della Zucca, or pumpkin fest, will be held in Piazza Walther in Bolzano Friday through Oct. 15.

Here is a chance to buy a pumpkin, pumpkin seeds, cook books, and get decorating ideas.

Open from 9 a.m.-8 p.m. each day, other events will take place each day for the enjoyment of the old and young alike.

You can take the train as the piazza is just a few minutes away from the train station. Check the Web site: www.trenitalia.com, for ticket information.

Medieval dinners

The owners of the *Castello di Bevilacqua*, located in the province of Verona, are accepting reservations for a medieval dinner on New Years Eve.

Dinner is served at 8:30 p.m. and the theme for the occasion is *La Metamorfosi nel Tempo*, 'Be Taken Back in Time, and costs 110 Euro per person and includes water and wine. Children 6-10 years of age pay 60 Euro and children 0-5 years of age: 30 euro.

This same castle will hold *A Cena con Giulietta e Romeo*, A Dinner with Juliet and Romeo, Nov. 12 at 8:30 p.m. Cost per person is 35 Euro, children 6 to 10 years of age pay 20 Euro, and younger than 6 eat free.

Reservations for both events above can be made by calling 0442-93655, you will have to confirm via fax at 0442 649-420 with your name and address. Only Italian is spoken.

The castle is approximately 31 miles from Vicenza.

Visit Trieste

The majestic city of Trieste is famous for the fierce winds that blow along its beautiful rugged coastline.

The "Bora," a northwesternly gale, is known for sending ferocious gusts across the squares and avenues of the city.

This month, however, these winds provide the necessary fuel for nearly a week of yacht races, culminating on Sunday with the "Barcolana," a major regatta involving more than 1,500 boats.

Start time is 10 a.m. for this spectacular event, which is seen by thousands of spectators on land and is accompanied by a boat show, concerts, and street entertainment.

For the full program, visit the Web site: www.barcolana.it.

After the regatta, stop by Risiera di San Sabba.

One of the most impressive monuments to the holocaust in Italy, the Risiera di San Sabba was a rice-husking factory built in 1913 in the outskirts of Trieste.

During WWII it was used by German occupation forces as a temporary prison camp and from September 1943 as a Polizefflaftlager, police internment camp, to house deportees and intern and execute hostages, partisans, political prisoners and Jews.

At the end of the war, the Germans converted the facility into a crematorium and attempted to destroy it before fleeing to remove evidence of their crimes.

The Museum of the Resistance is located in the central building. In the courtyard is a terrible path of steel, slightly sunken, the trace of the oven, the smoke channel and the base of the chimney.

The architect who converted the Risiera into a museum in 1975, said, "the Risiera, half destroyed by the fleeing Nazis, was squalid. I thought that this total squalor could rise as a symbol and itself become a monument."

Open daily from 9 a.m.-7 p.m. Entrance is free. Check out the Web site:

www.retecivica.trieste.it/ triestecultura/musei/civicimusei/ risiera/risieraframe.htm

Now Showing=

Caserma Ederle Theater

Bad News Bears (PG-13)	7 p.m.
The Devil's Reject (R)	7 p.m.
Wedding Crashers (R)	7 p.m.
Deuce Bigalow: European Gigolo (R)	10 p.m.
Sky High (PG)	2 p.m.
Deuce Bigalow: European Gigolo (R)	7 p.m.
Hustle & Flow (R)	10 p.m.
Sky High (PG)	2 p.m.
Deuce Bigalow: European Gigolo (R)	7 p.m.
Closed	
Closed	
	The Devil's Reject (R) Wedding Crashers (R) Deuce Bigalow: European Gigolo (R) Sky High (PG) Deuce Bigalow: European Gigolo (R) Hustle & Flow (R) Sky High (PG) Deuce Bigalow: European Gigolo (R) Closed

Camp Darby Theater

Oct. 6	Sky High (PG)	7 p.m.
Oct. 7	Dukes of Hazzard (PG-13)	7 p.m.
Oct. 8	Wedding Crashers (R)	7 p.m.
Oct. 9	Must Love Dogs (PG-13)	3 p.m.

Movie Synopsis

DEUCE BIGALOW: EUROPEAN GIGOLO - *Rob Schneider, Eddie Griffin* - Deuce Bigalow is seduced back to his unlikely pleasure-for-pay profession, when his former pimp, T.J. Hicks, is implicated in the murders of Europe's greatest gigolos. Deuce must go back to work in order to clear his good friend's name. Along the way, he must compete against the powerful European Union of prosti-dudes and court another bevy of abnormal female clients including the beautiful Eva, who suffers from acute obsessive-compulsive disorder.

SKY HIGH - *Kurt Russell, Michael Angarano* - When you're the son of the world's most legendary superheroes The Commander and Jetstream, there is only one school for you - Sky High, an elite high school that is entrusted with the responsibility of molding today's power-gifted students into tomorrow's superheroes. The problem is that Will is starting with no superpowers of his own and, worst of all, instead of joining the ranks of the "Hero" class, he finds himself relegated to being a "Sidekick." Now he must survive his freshman year while dealing with an overbearing gym coach, a bully with super speed and a dangerous rebel with a grudge ... not to mention the usual angst, parental expectations and girl problems that accompany teenage life.

WEDDING CRASHERS - Owen Wilson, Vince Vaughn - Vaughn and Wilson star as a pair of divorce mediators who spend their weekends crashing weddings in a search for Ms. Right...for a night. But when one of them falls for the engaged daughter of an influential and eccentric politician at the social event of the year, they get roped into spending a weekend at the family's palatial waterfront estate and quickly find themselves in over their heads.

BAD NEWS BEARS - Billy Bob Thornton, Greg Kinnear. Morris, a former pro baseball player, was ejected from the game for attacking an umpire and now works as an exterminator. Morris is lured back into the game by Liz, an attorney whose class action suit has forced the Little League to accept all players, regardless of their abilities. As the new coach of the Bears, the most losing team in Little League history, Morris has his work cut out for him. Initially, he's only in it for the paycheck, but he and his inept players have an unexpected transformative effect on one another.

Admission: Adults age 12 and over \$4, children \$2.

The Ederle Theatre box office opens one hour prior to show time.

Tickets to blockbuster shows are presold at Baskin Robbins.

VHS Cougar football

Right: Vicenza running back Darryl Alexander, #21, right, faces Ansbach's Josh Hale while looking for running room during Saturday's game.

Below: Vicenza wide receiver Kyle McCann, #85, runs down field and avoids being tackled by Ansbach player #59, Charles Butler.

The Cougars won this week on the North 40, unfortunately it was the Ansbach Cougars. They beat Vicenza 68-0 and won their 27th straight game, breaking the DoDDs Europe record.

The Vicenza Cougars will go to Sigonella on Saturday and then will meet the Bamberg Team for the Homecoming on Oct. 15. (Photos by Laura Kreider, Outlook staff)







Right: Chestnuts roast on a huge brazier during the past year's chestnut festival held in the small town of Combai. Below: One of the artisans shows his work at the Fantastica Via, one of the streets where old fashioned handcrafts were on display.



Right: One of the paricipants controls and turns the chestnuts during the Sunday event.
Below: Visitors fill the streets of Combai during the annual event.
Bottom right: A violin

Bottom right: A violin player performs near the booths.





astagne, chestnuts, were roasted on an open fire long before Nat King Cole sang his famous lyrics. They are harvested starting at the beginning of October throughout Italy and will be used for cooking during the fall season.

When roasted on the huge grills in the squares of the many cities that celebrate them, they fill the air with their unique woodsy autumn-day smell.

Celebrations and chestnut markets have started in many villages and will continue until the first week of November, which is related to an Italian holiday, the Feast of All Saints. During these festivals, booths serve roasted chestnuts, chestnut ice cream, chestnut marmalade and other products made from chestnuts.

Chestnuts, according to tradition go well with the new

red local wine, the *Novello*, which is released in the second week of November.

In addition to being roasted, chestnuts, which are rich with starch and sugar, are also used as the main ingredient in many typical recipes. After they are ground, it is possible to obtain a nutritious flour that has been used for centuries. One of the most traditional

recipes is the *Castagnaccio* where raisins and pine nuts are added to the chestnut flour with enough water to create a smooth mixture and then baked for about 30 minutes.

Other local recipes include a ricotta cake with chestnuts and chestnut bread.

Chestnuts are also used for the *primi*, such as the chestnut filled ravioli, soup with rice and chestnuts, or *tagliolini ai marroni*, a special type of long flat pasta.

The 61st *Festa dei Marroni* (another Italian name for chestnuts) is taking place this weekend in the town of *Combai*, about 40 kilometers from Treviso. This town, with a present-day population of about 500 people, celebrates the chestnut, which is produced in its surrounding hills. The festival will go until Oct. 30. In addition to visiting

the tent where it is possible to taste the chestnuts, throughout all the streets of the town there is also the chance to see handcrafts on diplay and artisans while they create their traditional pieces on the spot. For information about the event check www.combai.it. (only in Italian)

Other towns in the Venice, Treviso, Vicenza and Verona areas also hold chestnut festivals and markets. Among some events, *Follina*, a town near Treviso, houses some food booths with chestnuts and *Vino novello* every Sunday throughout October. *Valrovina*, near Bassano, hosts a *Festa del Maron* from Oct.9-16. Vicenza will have a *Marronata* in the squares downtown on Oct. 15-16. *Monte di Malo*, 23 kilometers from Vicenza, will hold a *Festa delle Castagne* from Oct. 21-23. *Bovolone*, about 20 kilometers southeast of Verona, has scheduled a *Castagnata in Piazza*, Chestnuts in the Square, on Nov. 5.



Baskets with *marroni*, chestnuts, are on display during the autumn events.